



2018 Nan Tien Buddhist Monastic Retreat

Date: 21st ~ 27th January 2018

(Date of Registration: 21st January, 10:00 ~ 11:00 / End of retreat: 27th January, 13:00)

Venue: Fo Guang Shan Nan Tien Temple

180 Berkeley Rd, Berkeley NSW 2506 Australia

Target Audience: Youths aged between 18 to 35 in Australia and New Zealand

Organiser: Fo Guang Shan Nan Tien Temple

Application:

- 1) Application form can be obtained at any of the Fo Guang Shan branch temples in Australia and New Zealand. Please return the completed application form with the registration fee and all the required documents below to your nearest Fo Guang Shan branch temple.
- 2) Other required documents: **photocopy of student card/Photo I.D., brief autobiography** (300 words or more, including education, experience with Buddhism, reasons for participating in the retreat, and what you intend to learn from it).
- 2) Please visit the event website for online application:
www.nantien.org.au/en/bmr (or scan the QR code below)
- 4) All applicants will be interviewed and advised of the result via email.

Application forms can be lodged at:

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|--------------------------------|------------------------------------------------|-----------------------|
| 1) Nan Tien Temple | 180 Berkeley Rd, Berkeley NSW 2506 | Tel: (02) 4272 0600 |
| 2) IBAA Parramatta | 22 Cowper St, Parramatta NSW 2150 | Tel: (02) 9893 9390 |
| 3) IBAA Chatswood | 4 Spring St, Chatswood NSW 2067 | Tel: (02) 9410 0387 |
| 4) IBAA Kogarah | 247 Princes Highway, Kogarah NSW 2218 | Tel: (02) 9553 6533 |
| 5) Chung Tien Temple | 1034 Underwood Rd, Priestdale QLD 4127 | Tel: (07) 3841 3511 |
| 6) Fo Guang Shan Melbourne | 89 Somerville Rd, Yarraville VIC 3013 | Tel: (03) 9314 5147 |
| 7) Fo Guang Yuan Art Gallery | 141 Queen St, Melbourne VIC 3000 | Tel: (03) 9642 2388 |
| 8) Fo Guang Shan Er-You Temple | 42 Rutland Rd, Box Hill VIC 3128 | Tel: (03) 9890 3996 |
| 9) IBAWA | 280 Guildford Rd (PO Box 216) Maylands WA 6051 | Tel: (08) 9371 0048 |
| 10) Fo Guang Shan Auckland | 16 Stancombe Rd, Flat Bush, Manukau 2016 NZ | Tel: 64 (09) 274 4880 |
| 11) Fo Guang Shan Christchurch | 2 Harakeke St, Riccarton Christchurch 8011 NZ | Tel: 64 (03) 341 6276 |

Registration Fee:

- 1) **AU\$20** (Laundry fee)

(Food and accommodation will be sponsored by the organiser throughout the duration of the retreat.

Please arrange your own airfare and transportation to Fo Guang Shan Nan Tien Temple)

2) **Deposit of AU\$100** (refundable upon full attendance of the retreat)

Registration Deadline: 30th November, 2017

Contact: Fo Guang Shan Nan Tien Temple Email: info@nantien.org.au

Tel: +61-2-4272 0600

Fax: +61-2-4272 0601

Website: www.nantien.org.au/en/bmr

Objectives:

Using the Three Acts of Goodness (Do good deeds; Speak good words; Think good thoughts) of Humanistic Buddhism as the guiding philosophy:

- 1) Offer an opportunity to learn and practice Ch'an (Meditation) inside a traditional Buddhist monastery, through which self-exploration, inner peace, spiritual awareness, and discovery of positive energies are achieved.
- 2) Provide a communication platform for outstanding and talented youths in Australia and New Zealand.
- 3) Encourage the development of an attitude of providing service, mutual assistance and benefit to others in modern day youth through discussion in various topics.

Lectures:

Participants will learn the Buddhist perspective on various topics such as:

- 1) Ch'an Studies: Participants will be introduced to Chinese Ch'an Buddhism.
- 2) Humanistic Buddhism: This topic will explore how Buddhist teachings can be used to integrate into all aspects of our daily lives. Participants will not only learn how Buddhist teachings can be applied to maintain spiritual health, but also contribute to humanity.

Spiritual Cultivation:

Through engagement in Buddhist practices such as chanting, meditation, and sutra calligraphy, participants will experience first-hand the positive and calming effects that these practices have on the mind and body.

Note:

- 1) Participants are expected to follow the schedule and rules of the temple.
- 2) During the retreat, in addition to following the schedule and rules set by the organiser, participants are also expected to do certain chores set by the organiser.
- 3) Due to limited space, eligible applicants will be selected in order of application.

Online Application

